

MAIN COURSE

Carne Asada Street Tacos

Prep time:

10 minutes

Total cooking time:

30 minutes

Calories:

188 per serving (1 taco)

Ingredients

2.5 lbs Flank Steak or Flap meat

1 Tbsp salt

1 Tbsp cumin

1 Tbsp chili powder

1 tsp dried oregano

1 Tbsp adobo sauce

1 tsp cinnamon

1 tsp soy sauce

2 Tbsp oil (vegetable, grape seed or olive oil)

1 cup onions diced

1 cup tomato diced

1 cup cilantro chopped

4 lime wedges

1 cup Cotija cheese

1 cup guacamole (favorite store

bought or recipe)

1 bottle hot sauce (favorite store

bought)

8 corn tortillas

Instructions

- 1. Combine salt, cumin, chili powder, oregano, cinnamon, soy sauce, adobo sauce and oil. Brush onto steak and let marinate for 15 minutes.
- 2. Set grill to high heat. Spray grill with oil and add steak. Let cook for 5-6 minutes and then flip and let cook for another 5 minutes until temperature is medium. Cooking times vary depending on thickness of meat. Remove, add a squeeze of lime and let rest.
- 3. Place the tortillas directly on the grill. Heat for about 15-20 seconds and flip for another 15-20 seconds. You should have some charring when finished. Do not overcook as the tortillas will become hard and brittle. Remove and cover.
- 4. Slice the cooked stead into ½ inch strips making sure to cut against the grain. To build tacos, place a tortilla on a flat work source. Start by adding the steak and then a dollop of guacamole. Next add onions, tomato, cheese and finish with a few drops of hot sauce. Serve.